

BASI LEVEL 1 INSTRUCTOR WITH SNOWBOARD COACH 2023

A CONCISE PACK OF
WHAT YOU NEED TO
KNOW FOR THE BASI
LEVEL 1 SNOWBOARD
INSTRUCTOR COURSE



WELCOME

WHAT THE COURSE IS ABOUT:

This entry-level snowboard instructor course in Great Britain is called the BASI Level 1 Snowboard Instructor Course. The course is approved and accredited by the British Association of Snowsport Instructors (BASI) - The governing body for Snowboard Instruction within Great Britain and the World. It is aimed at riders who wish to find employment in a non mountain environment ie dryslope and indoor snow slopes. It is also the first stage for anyone wishing to gain the BASI level 2 Snowboard instructor course, enabling you to teach in a mountain environment.

The BASI level 1 snowboard instructor course is now a 4-day course with compulsory pre course online modules that need to be completed prior to day 1 of the course. The Level 1 is designed to teach competent recreational snowboarders the elements of technical riding and entry level teaching techniques. The minimum standard expected for the course is:

- Be able to ride confidently on red runs linking easy turns of all shapes and sizes.
- Have at least 10 weeks experience of riding on snow and probably more.
- An ability for basic flat land freestyle ie and ollie & 180's.

A good knowledge of Snowboarding itself is also a must.

During the course **your riding, including freestyle ability as well as your teaching ability is assessed.** The riding assessment is done continually over the 4 days and you need to have met the criteria by the end of the last day. The teaching element is in the form of an assessed Central Theme session given to the rest of the group. Upon **PASSING** the course, you will be qualified to teach snowboarding on any dry-slope and any indoor snow facility in Great Britain.

THE COURSE IS NOT A GUARANTEED PASS

If you are not sure you meet this criteria then Snowboard Coach have plenty of prep week courses running during the winter and day courses running all summer long. More info later in the pack.

Candidates will now also have a more transparent path to progress onto the BASI Mountain Level 2 snowboard Instructor Course. A time scale for attending this next level will be given to all candidates at the end of the course.

In order to receive the Level 1 license, candidates who successfully pass the course **MUST ALSO:**

- Be at least 16 years of age.
- Hold a 2 Day First Aid qualification (This is not needed prior to attending the course – can be obtained after).
- Complete the **FREE** On-line Safeguarding Children Module
- Complete 35 hours worth of shadowing at an approved BASI snow school.

WHAT'S THE COST

THE COURSE FEE:

All course fees are set by BASI and Snowdome and NOT by Snowboard Coach.

Both UK and mountain based course fees include membership to BASI for one year, all course training and examination costs, a selection of course material including access to the online BASI snowboard manuals and access to the BASI study area.

- Tamworth Snowdome: £595 (includes 4 day slope ticket)
- Milton Keynes: £650 (including 4 day slope ticket)
- Arinsal, Andorra: £479 (packages available for your stay)

UK course fee **also includes** slope time for the 4 days and rental equipment if you need it. But as a potential instructor you really should have your own set up and bring it with you.

ANDORRA COURSE FEE:

You'll notice the course fee itself is cheaper as no lift pass is included. However for courses in Andorra we provide a special package which includes B&B or Half Board accommodation for the week, airport transfers, 5 day lift pass & 3 hour prep session on the day prior to the course start. Prices start from only £600. **This is in addition to this lower £479 course fee.**

For more information on this, please contact us for a separate info pack.

DATES FOR 2023 - UK BASED COURSES:

We have the following dates left for this summer/Autumn. BASI Level 1's will be taking place at Tamworth Snowdome with an optional date at Milton Keynes. We also have a new format of weekend options to allow practice and training in between.

TAMWORTH MONDAY TO THURSDAY

30th October - 2nd November

TAMWORTH WEEKENDERS

18-19th & 25-26th November

MILTON KEYNES

11-14th September

MOUNTAIN BASED COURSES: ARINSAL, ANDORRA

We also run a mountain based Level 1 course in our home resort of Arinsal, Andorra on the following date.

14th-17th December 2023

Sign up to our newsletter **here** to be the first to get updates on any new course dates.

COURSE CANCELLATIONS:

Courses will be cancelled by the centres themselves or by BASI, if minimum numbers are not met for each course. This will be done usually 3 weeks prior to the actual start date.

MORE INFORMATION

START & FINISH TIMES

Courses will run from 9am until 4.30pm on snow with a lunch break from 1-2pm. A short debrief/lecture will take place at the end of each day.

COMPULSORY PRE COURSE MODULES: Prior to the course you will HAVE TO complete various pre course online modules that will effectively prepare you for the course. If these are not completed the outcome of the course may be affected as we hit the ground running on day 1 as we assume you have pre knowledge of the course thanks to completing these online modules.

MEETING POINTS:

On arrival on the first day, we will have a course intro session to answer any questions and to introduce ourselves.

We will meet you at 9am at the following locations:

- **TAMWORTH:** Meet in the bar area on reception level.
- **ARINSAL:** More info will be supplied when booking onto our Mountain courses.

Please do not be late. Allow yourself plenty of time to get to the venue.

WHAT TO BRING:

Equipment hire is included if you need it, but bring the usual stuff that you would use if you were riding, whether it be indoors or on the mountain. We spend 90% of the time outside, on the hill. Also don't forget to bring a pencil/pen and a notepad so you can write things down both on and off the slope as using a phone with gloves on is pretty tricky :).

PARKING INFO (UK COURSES):

For Tamworth Snow Dome courses the parking is £2 per day. You take a ticket from the entry gate and then pay at the machine by the doors, prior to leaving each day. Though for 2022 courses Tamworth had been waiving this fee for all course candidates. More updated information during your course.

PRE COURSE VIDEO:

There is a short 5 min pre course video to give you an idea of what's required to pass in term of the riding part of this course.

[Riding Standards Video \(click here\)](#)

And a 10 min video of the learning progression (Central Theme as we call it) that you will learn in order to teach beginners.

[Teaching Progression Video \(click here\)](#)

SPECIAL DISCOUNTS:

Don't forget, anyone doing a course with Snowboard Coach is entitled to special snowboard coach discounts on Salomon snowboards, boots and bindings, Pow Gloves, Electric Goggles & Bern Helmets.

The more courses you do with us the more discounts we do and can be as much as 30% off the shop RRP.

You will also get a special discount card for The Snowboard Asylum redeemable on anything not in a sale!



LEVEL 1 ITINERARY

Below is an idea of how the 4 days will work. We hit the ground running due to the fact you have already completed the online modules and thus have a prior knowledge of what we will be talking about during the course.

DAY 1 – The fundamentals – The whole day is spent looking at riding and identifying problems or areas that could be improved on in your personal riding. The idea is to raise your own awareness in your riding to be able to make it better. The later part of the afternoon will be a video analysis session so you can see the areas you need to fix to pass the course. Home study will be a recap on equipment adjustment and board construction...this is in the BASI study you will be reading prior to the course.

DAY 2 – We start to look at the Central Theme (CT). This is the progression we teach to beginners to help them understand what's needed to make their first turns. You will have a knowledge of this from your pre course studying so you will be working in pairs delivering a mini session for each part. Your home study will be focusing on lesson planning and how to conduct a good session using the TIED model.

You look at what key elements need to be delivered. You get to pick a CT lesson to deliver that will help you focus on a personal riding problem that was highlighted on previous day

DAY 3 – The first part of the morning we look at how the fundamentals are used in freestyle and look at 180's.

The afternoon is spent delivering the assessed lesson sessions. You give a 15/20 minute lesson to the rest of the group on your chosen part from the central theme. The trainer will give you feedback on your lesson and tell you if it is at the level or you need to do it again. You get 2 chances to meet the criteria of the course on the teaching side. This is done on Day 4 so you have the evening to work on your feedback.

DAY 4 – The morning is focused on personal riding and again we have a valuable video analysis session mid way through to see how you have progressed. We also have time during the day for a 2nd chance if anyone needs to re-do the lesson again. We then continue the riding theme and finish on the slope around 15.00.

By the end of this day you need to have met the criteria of the technical (Riding) part of the course as well as the Teaching part of the course.

At the end of each day there will be enough time for a practice session. We strongly recommend using this time to consolidate everything we have been doing during the day.

PRE COURSE TRAINING:

If you are not sure you meet the riding requirements or just fancy a heads up on the course, then come and join us for one of our riding courses where we can assess your riding and give you a valuable head start as to what you need to practice in order to pass the Level 1.

Prior to the Level 1 we will running a selection of training days in various indoor centres. Prior to the course we have:

1 DAY SESSION: We can work on all aspects of your riding and show you what you need to work on to pass the Level 1... However, we don't just show you how to do it - we explain everything you need to do and work with you to make sure you understand it and feel it. Really prepares you for the riding part of the Level 1.

PRIVATE SESSIONS: If you have a hectic schedule or just prefer 1:1 coaching then this is your best option. Tailored to your requirements and your specific problem areas. A very fast way to improve.

WEEKLY RIDING CAMPS: (WINTER ONLY) If you have the time you can come and join us for an extra weeks' coaching in Andorra either during the season or the week before our Arinsal Level 1 to really get into what's needed to pass the exam.

For more information on any of the pre-training options please email us for our PDF brochures for our Training Days, Winter Riding Weeks and our Private sessions.

WHAT IF I DON'T PASS THE COURSE?

It's a valid question and will be answered in more detail on the actual course. As an overview the course the course has 2 elements to it.

A TECHNICAL PART: This is your riding ability. This is assessed throughout the week but by the end of day 4 you must be able to demonstrate the Level 1 criteria as detailed earlier in this pack.

A TEACHING PART: This is your ability to stand in front of the group and deliver a short session on the "Central Theme" that you will learn as part of the course.

You must pass both of these to pass the course.

If this doesn't happen then you have the following options:

- If you fail BOTH the Teaching and the Technical elements of the course, you will have to retake the whole 4 day Level 1 course again.
- If you fail the Teaching OR Technical element of the course, then you can book onto a 1 day Refresher/L1 Re-assessment course as detailed on our snowboard coach website

You then have 2 separate chances to pass the 1 day Re-assessment course. That is why we stress you must practice what you need to practice prior to the reassessment.

Re-assessments must be taken within 2 years of the date of the course you have failed otherwise you will be required to pay for and attend the whole course again.

A BIT MORE ABOUT US

Snowboard Coach hold the highest qualifications attainable in teaching snowboarding. We hold the highest accreditation from the ISIA which is the worldwide governing body for snow sport instructors as well as the ISTD (International Teaching Diploma) which is only given to the highest level snow sports coach's.

This isn't to show off or trying to prove how good we are, it's to assure you that you are in good hands and are getting what you pay for. Teaching snowboarding is our full time profession.

SNOWBOARD COACH : APPROVED BASI PARTNER

Snowboard Coach is also a FULLY APPROVED BASI PARTNER. This is an accreditation that BASI are only issuing to approved companies with a proven track record of delivering a quality BASI product.

This means that we have been through a rigorous quality control process assessing everything from our training and delivery methods to our course structure and organisation. We have surpassed this stringent criteria with flying colours.

When looking for any Instructor course or training package this is the accreditation you need to look out for.

AND FINALLY.....

Please come into the course with the mind-set to have your riding and teaching critiqued and be open to change regardless of how long you have been riding. If you're not willing to change then you will not get the full benefit of this course.

Remember the course is not a guaranteed pass.

We are not in control of how you learn, how quick you can change your performance or indeed how much effort you put in - that bit is up to you. We will give you all the tools and feedback you will need in order to pass the Level 1. Use the time around the course to practice and you will be giving yourself the best chance in achieving your goal.

Please prepare yourself and use the online resources and take some pre course training prior to the exam so you know where you are at in your own personal riding performance and give you the best chance of passing the first time around.

You will have a great time with us and will learn loads about your riding and how it all works. We will get you to try things and get you doing things the right way so it may take a while to sink in and feel a bit weird at first.....

But ultimately you will feel so much more confident on your board and within yourself and be ready to take your first step in your instructor career.

We look forward to seeing you on the course, if not before.



Snowboard Coach has earned the highest levels attainable from the following Worldwide Snowboarding Governing bodies:



And is sponsored by:





**FOR MORE INFO &
MORE COURSES VISIT**

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