

SNOWBOARD COACH MOUNTAIN RIDING WEEKS 2024

EVERYTHING YOU
NEED TO KNOW
ABOUT OUR RIDING
WEEKS IN ARINSAL,
ANDORRA



WELCOME

Our Mountain Riding Snowboard weeks are all about advancing your riding on the mountain with no walls to tell you when to turn.....only trees. We spend our week looking at how to effectively ride all the terrain a mountain has to offer. This includes working on tackling the steeper slopes, looking at the ideas behind carving on the piste, looking at how to ride the more challenging variable lumpy and bumpy terrain and how to safely ride off piste through the trees if we have fresh snow. We can also spend a bit of time looking at flatland tricks and even a look in the park with a freestyle session at the end of week.

Our program is designed to make you a better and more confident rider.

WHERE IS THE COURSE?

All of our winter courses take place in Arinsal in the Vallnord Region in Andorra. Andorra has been a popular destination for UK riders since the mid 90's and has always catered for snowboarders with a great park and some great riding.

Andorra retains a duty free tax status so is great value for money meaning you can go out and enjoy yourself without breaking the bank. We have written a resort guide for Whitelines magazine so please email us if you would like a copy of this.

WHO CAN ATTEND?

ANY level of recreational rider is welcome on our courses. The way we run our riding progressions means that everyone will come away with a clear understanding of what's going on with their riding and what they need to do to get better. Most importantly by the end of the week you will know how to get better when we're not there.

WHAT'S IT GOING TO COST?

As ever we try and keep our prices as low as possible without compromising the quality of your time with us. We have 2 main options for this coming season.

BED AND BREAKFAST FROM: £950

HALF BOARD OPTION FROM: £995

We say "from" because single room supplements will be in place for single travellers who don't want to share. Also for different times of the season where the hotels are more expensive.

WHAT'S IN IT

WHAT DOES THIS INCLUDE?

All our options for the 2023 season will include the following:

- Accommodation from Sunday to Sunday
- Return transfers from Barcelona Airport
- Pal/Arinsal/Arcalis area lift pass for the 6 day duration.
- All coaching for the 5 days with Saturday a free day.
- SBCoach wristband giving you "locals" discount in selected bars in resort.
- **Special discount** voucher for The Snowboard Asylum.
- **SBC discount** on Salomon Snowboard and Volcom gear.
- **15% discount** on hire equipment in resort
- FREE board lockers in the Hotels for SBcoach clients.

ALSO INCLUDED IN THE B&B OPTION:

- Full breakfast every morning.

ALSO INCLUDED IN THE HALF BOARD OPTION:

- Full breakfast each morning
- 3 course meal each night

Also don't forget the Snowboard Coach crew will be on hand prior to your holiday to ask any questions so you'll get a more personal service than from a tour operator.

NEW: ANDORRA TOURIST TAX

Just introduced is a new tourist tax of 1.5 euro per person per night. **This has to be paid direct to the hotel on arrival** as we are not allowed to include it into our pricing.

WHAT ARE THE HOTELS LIKE:

OUR HOTELS: Depending on your chosen B&B or HB option we use 2 different hotels. The B&B Hotel is located a 5-7 min walk from the main Gondola. The HB Hotel approximately 3 minutes.

Both hotels have big rooms, all with full on suite bathrooms and TV's. There is a 24 hour reception, free wi-fi, restaurant with a small bar. English is fully spoken as well, so no translation worries.

SINGLE OCCUPANCY: Extra charges will be in place if you would like your own room for the duration of your stay.

BOARD LOCKERS: Another benefit of coming with us here at Snowboard Coach is that all our clients get free board locker use in the respective hotels. This is usually charged for so yet another saving on our package price.

We can arrange an on mountain "luxury" storage locker for you at an extra cost of approx "FROM" £60 GBP for the 6 days. They are new and are key coded, heated and have boot dryers.

The small locker will fit 2 snowboard and boots or 3 pairs of ski's and boots. The bigger Family locker will fit 3 to 4 snowboards and boots or 5 pairs of ski's and boots. The family locker is approx £80 for the week.

This cost can be shared between you. Let us know if you want us to arrange this.

THE B&B HOTEL



THE HB HOTEL



THE DATES

DATES FOR WINTER 2024

We have the following mountain riding course dates for this winter:

JAN 21ST - 28TH

MARCH 3RD - 10TH

We also have a new course this winter called **Explore Andorra**, which is similar to the riding weeks but has no formal coaching but we will spend time with you each day, showing you around all the resorts Andorra has to offer.

For more info on this course click here.

Please note the above dates are the arrival and departure dates ie the days that you will be arriving and departing Arinsal.

We have a limit of only 8 people per course so please get in touch to secure you place.

If you are a group of 4 or more looking for a week away and these dates don't work for you, let us know and we can tailor a bespoke package for your group.

BOOKING A COURSE

Booking is really simple, you tell us the week you intend to come and if we have space then we pencil you in.

Then a non-refundable deposit of £300pp is required to secure your place on the week with the balance being paid 6 weeks prior to arrival. Or you can pay in full at the time of booking which we prefer as it saves a lot of hassle.

You then book your flights on the specified dates and let us know both the arrival and departure times. We can then arrange the transfers.

Then during the week prior to your arrival we will email you our arrival PDF detailing all the information you need to know about getting here and checking into the hotel.

We will obviously help you in regards to flights and anything else you need to know along the way.



INFORMATION

AIRPORT TRANSFERS:

Return airport transfers are included in our package price. We will book them the specified arrival and departure days for the specific course you are on.

Our programs run from Sunday to Sunday as this is the "change over" day in Arinsal. So you will arrive and depart on Sundays.

Once we have booked your transfers then **ANY** change to the date or time will incur a £10 admin charge imposed on us by the company we use.

More information about the transfers will be supplied when booking on the program.

Transfer time to Arinsal is about 3 hours.

FLIGHTS:

Barcelona El Prat is the easiest airport for Andorra. There are many airlines from all over the UK that fly there.

Toulouse airport and train station can also be accommodated by prior arrangement, but we ALWAYS recommend Barcelona.

We recommend landing in Barcelona (or your respective airport) no later than 2pm in the afternoon. This means that with the transfer times taken into account, you get into resort early evening and have plenty of time for a drink and a bite to eat on the first night.

The same will go for return flights back to the UK. A later departure in the afternoon means you don't have to leave Arinsal too early.

Again more information regarding matching flight times and transfers will be sent to you upon booking.

LIFT PASSES:

All lift passes are valid for every day of your holiday. They are valid for Pal Arinsal and Arcalis region.

Your lift pass and wrist band will be waiting for you when you arrive/check in as part of your welcome pack.

Once you have your lift pass it is your responsibility and Snowboard Coach cannot be held responsible for any costs incurred due to loss or theft of lift passes.

LIFT PASS INSURANCE:

This can be added to cover the loss of lift pass for £1.50 per day - so for the riding week, a cost of £9 extra. Please let us know if you would like this.

MONEY IN RESORT:

There are plenty of cash points in and around town, but be aware that your bank may charge you for withdrawing money. Credit cards are widely used in town but cash is always preferred in the local bars.

There is no actual bank facility to physically change money in Arinsal. If you intend to bring cash please change this in the UK prior to coming out.

*** PLEASE NOTE:** The currency in Andorra is still the EURO *



OUR WRISTBANDS

OUR "LOCAL" WRISTBAND:

Over the past few seasons we have had other people not on our courses trying to get our SBcoach discount in bars and cafes in town and up the mountain. Because of this we introduced our Snowboard Coach wristband with different colours every season.

Our SBcoach wristband tells all the bar staff in our favourite places that you are with us and that you get local seasonaires price straight away. Some of these places even offer us a special SBcoach only price, that not even the locals get. We try and make you feel part of the great local scene here in Arinsal from day one.

The idea sounds cheesy but it works!

It also saves asking about discount - as soon as the staff see it they will know.

The band itself is fully waterproof and shower proof so is fine to wear every day.

This band is **only available** for Snowboard Coach clients.



WHERE IT WORKS!

POLAR BAR:

These guys look after us all winter and offer special Snowboard Coach only discount on to all our clients. They are our favourite mountain cafe in Arinsal. We eat there every day as its too cheap not to. With our wristband you will too.... Here is what we get:

BREAKFAST SNACKS (9AM-11AM)

- Croissant & Coffee - 4 Euro
- Napolitana/Pan Raisin & Coffee - 4.50 Euro
- Scrambled Egg on Toast - 4.95 Euro

PLATE OF THE DAY FOR 9.50 EURO:

- Main meal and soft drink/coffee

SANDWICH CHOICE FOR ONLY 8.50 EURO:

- Bacon/Cheese/French omelette/Tuna "Bocadillo"
- Coffee or soft drink

Anything else on the menu you will get a discount of 20% should you not wish to take these specials.

The Polar bar is located up the mountain on the middle floor of the complex when you get off the gondola. When you order/pay you will need to show your SBC wristband else you will be charged the full price.

CISCO'S BAR: A favourite of ours over the years of being here. They do us an amazing SBC only 2 EURO pints ALL THE TIME. Free nachos and chili in Apres ski as well.

EL MOLÍ: Specials during apres, local prices on all drinks.

FUGAZZETA: Our local coffee and chilled bar run by our good friend Joaquin. Daily deals and local prices and special SBC deals.

DERBY DELI & IRISH PUB: A fast take away style deli up the hill that gives us great discounts on food - plus local prices on all drinks in the bar in the village.

360 EATERY & BAR: Burger and a beer deals and local prices on all drinks.

A full list of discounts will be emailed prior to the course.



THE ITINERARY

THE ROUGH COURSE ITINERARY:

Each day with us (Mon-Fri) will consist of 3 hours worth of coaching either a morning or afternoon. Followed by a group debrief / Q&A session over lunch. This leaves the time around these sessions free for practice.

The way we teach is to try and get you to understand and feel what's going on with your riding. So regardless of how you've been taught prior we'll set you straight with the newest most up to date techniques the snowboard world has to offer. We believe this will make you more aware and a more versatile all round snowboarder.

The first day will be spent levelling everyone off and looking re-affirming what you already now. Likely drills will be focused on stance and how we should steer a snowboard (the feet). Having a solid riding position is crucial to being a good snowboarder. An understanding of how and why we do what we do will revolutionise your riding.

We will then spend the rest of the week looking at how being solid on a board helps us to ride all the terrain on a mountain, from the steep slopes to the piste. We will also have a flatland session looking at 180's, butters etc as well as a session in the park looking at how to jump and ride box's more confidently.

We do all this using safe progressions and exercises that work on building confidence and skill. We won't do anything you don't want to do. As the week progresses you will feel more and more confident and will gain a greater understanding of what is going on with your riding and what you need to do to get better.

VIDEO SESSION:

If the group feel they want to, then we will also incorporate a video session mid week so you can actually see your development and get a really good idea of how you are riding.

MINIMUM NUMBERS:

WE ALWAYS RUN OUR TRAINING COURSES

If minimum numbers are not met for any of our courses then we will run a reduced hour's program but if this is the case you will get more individual attention as there will be less people in the group. You will be advised the week before if this is the case.

It works like this:

- 1 person booked – 6 hours of 1:1 tuition over the week.
- 2-4 people booked – 2 hours a day for 5 days.
- 5 or more booked – Full program as detailed.

We always endeavour to run a full program – however, by doing the above we NEVER have to cancel a course, which is good for everybody.



TESTIMONIALS

Over the years of doing these course we have developed a great Snowboard Coach family and we all keep in contact. Below is some feedback from the guys who came with us over previous winter, to help you make the decision to join us this winter.

“

Just wanted to thank you for a brilliant course. The whole week was great, the coaching and the structure to the course was spot on. I learnt loads and my boarding has improved so much, I can't thank you enough.

Steve Stacey

Thanks for a great weeks snowboarding with new friends and superb instruction from Ollly.

Mark Maryan

Absolute fire of a week. Cheers to Ash and Ollly....it can be truly said I'm less sh!t! than I was hahahahaha!

Steve Buckland

”

“

I had a fantastic week...I felt my snowboarding came on so much down to you guys. I had some painful falls when I was a beginner (always heel side falls on greens!) and I'm sure a lot of that was down to bad technique.

I'm finally enjoying snowboarding – it's been some time coming.

Mark Sheraton

I have had an absolutely cracking week, got lots out of it and I'll be out again next year. This week has given me so much to go forward with. Thanks ever so much for all the time and advice you have given us this week, keep up the great work!!!

Jamie Riley

”

THIS IS ARINSAL!



A BIT MORE ABOUT US

Snowboard Coach hold the highest qualifications attainable in teaching snowboarding.

We hold the highest accreditation from the ISIA which is the worldwide governing body for snow sport instructors as well as the "ISTD" accreditation - which is only given to the highest level snow sports coach's.

We also have full trainer status from the Snowsports Governing body Great Britain - This means they use Ash and Snowboard Coach not only to deliver training and assess teaching and riding standards but also to qualify instructors.

This isn't to show off or trying to prove how good we are, it's to assure you that you are in good hands and are getting what you pay for. Teaching snowboarding is our full time profession.

This is also what makes us the first choice for TV production companys from the BBC to ITV to programs like Channel 4's "The Jump".

A MESSAGE FROM ASH - OWNER OF SNOWBOARD COACH

At the end of the day it's all about enjoying what we do and I wouldn't be here today if I didn't. I've spent 30 years of my life snowboarding and 25 years teaching this sport that I love. I live in Arinsal summer and winter and I love this place. I reckon you will too.

Thanks for enquiring about our Rider Training weeks, I hope you can join us out here in Arinsal and see it for yourself.

SNOWBOARD COACH : APPROVED BASI PARTNER

Snowboard Coach is also a FULLY APPROVED BASI PARTNER. This is an accreditation that The British Association of Snowsports Instructors are issuing only to approved companies with a proven track record of delivering quality training and instruction. We were one of the first companies to be awarded this.

This means that we have been through a rigorous quality control process assessing everything from our training and delivery methods to our course structure and organisation. We have surpassed all stringent criteria with flying colours. We have worked hard to achieve this and are proud to carry this accreditation.

When looking for any snowboard instruction this is the accreditation that shows you are getting trained by a team of solid teacher of a sport they love.



Snowboard Coach has earned the highest levels attainable from the following Worldwide Snowboarding Governing Bodies:



And is sponsored by:



Please read our terms and conditions on the following page...

TERMS AND CONDITIONS

Snowboard/Snowsports Coach are trading names under All Mountain Training SLU - an Andorran registered company - from herein referred to as "Us" and "We". You will be referred to as the "client". All applicable under Andorran Law.

Terms and conditions for our Mountain Riding Week Course.

1. You the client must be safe and medically sound to travel and to be in a winter resort and have appropriate insurance cover for Andorra. We will not accept any clients travelling against medical advice and you must state this in the booking form you receive from Us. We can not be held responsible for any costs/loss/damages incurred for failure to declare this.

1a. If applicant is not of this standard then they can be removed from the course at any time without refund. This will be solely at the discretion of Snowboard Coach if we feel that the candidate is restricting the learning of other students who have met this standard.

2. The application will only be accepted and secured provided:
a) The application is accompanied by a £300 non-refundable / transferable initial deposit.
b) The booking confirmation is signed and returned.
c) The client unconditionally accepts these terms and conditions of booking when confirming via email that a place on the course is required.

3. The remaining balance of your course fee must be received in full by Us at least 6 weeks prior to the course start date.

4. If payments are not made within 7 days of these deadlines then We reserve the right to re-allocate you're place without refund.

5. All changes to bookings must be received in writing by email. Any changes will incur administration costs to cover our costs.

6. All courses require a minimum number of clients to run a full program. If numbers aren't met a reduced schedule of hours, as detailed in the info pack, will be in place.

7. All clients must be insured for our courses. We advise every client to buy insurance **AS SOON AS YOU CONFIRM YOUR BOOKING WITH Us**. Please do not wait until the week before you travel.

8. Cancellation: in the event of cancellation by the client the deposit paid **WILL NOT BE REFUNDABLE/TRANSFERABLE**. If paid in full then the balance minus deposit will be refunded except when:

a) Client cancels within 6 weeks of the course start date – **NO REFUND WILL BE GIVEN**.

9. We strongly recommend that all clients embarking upon ANY of our courses take appropriate insurance which covers both cancellation and curtailment and course reimbursement/cover.

10. Proof of insurance or similar will be required prior to attending the course.

11. We will refund appropriate monies (pro rata) if the decision is made by Us to cancel all or part of the training program.

12. No monies will be refunded by Us in the event of an injury sustained whilst participating in ANY of our courses, where injury leads to missed sessions, curtailment of the course; then in this instance it is necessary to make an insurance claim. We will provide the necessary receipts.

13. If the venue of the course is adversely affected by snow, weather, force majeure or **any other circumstances beyond our control** that cause cancellation of any/all parts of our course and package offered - **NO REFUND WILL BE GIVEN**. Again We insist on a suitable insurance policy as detailed in point 7.

14. In the event of the above in paragraph 13: You, the client, agree that We cannot be held responsible for refunds.

15. Any client found under the influence of alcohol or drugs during course contact time (ie a training session) will be removed from the course immediately with no refund given.

16. In the event that an applicant is refused/unable to train on the basis of paragraph 1a, 12, 13 or 15 you, the client, agree that no monies will be refunded.

17. You, the client, agree that except for death or personal injury arising through the negligence of Us, We shall not be liable for any loss or damage arising whether in respect of death, bodily injury, illness suffered or contracted, loss, costs, damages or expenses incurred.

18. It is the clients responsibility to ensure that all accommodation, transport and any other facilities provided or organised by Us, are treated with respect and appropriate consideration as if their own.

19. We will not be responsible for any damage caused by you, the client. You, the client, will be held liable for any costs incurred in such a way and will agree to settle any costs immediately to 'make good' any and all damage caused.

20. In the event of any arrest or infraction between the client with the local Police in relation to drink, drugs or ANY circumstance that see's YOU the client arrested/detained or removed from the country. We will not be held responsible. We will stand by the decision of the enforcing agency. **Again no monies will be refunded**.

21. In the event of point 20; Our limited responsibility is to ensure that the client is given contact with the British Embassy.

22. As an applicant to be a client on a course or package organised by Us, whether applying by telephone, email or letter you agree to abide by these conditions when confirming your booking with us, irrespective of whether you have signed and returned the requested booking form.

COVID19 POLICY: - Lets hope this is behind us but we still like to keep this bit in just in case:

All of our courses are fully refundable if any travel restrictions are imposed to Andorra because of Covid19. This full refund **WILL NOT** be applicable if YOU decide not to travel for personal reasons (including reasons related to COVID19) IF there is no negative travel advice or restrictions. For the avoidance of doubt this means YOU decide not to travel even though it is safe to travel.

In this instance points 8, 12, 13, 15 & 16 will still apply.



snowboard
coach.co.uk

**FOR MORE INFO &
MORE COURSES VISIT**

WWW.SNOWBOARDCOACH.CO.UK

INFO@SNOWBOARDCOACH.CO.UK



WATCH US ON YOU TUBE
YOUTUBE.COM/SNOWBOARDCOACHVIDS



FOLLOW US ON INSTAGRAM
SNOWBOARDCOACH



FOLLOW US ON TWITTER
SBcoach_UK



JOIN US ON FACEBOOK
WWW.FACEBOOK.COM/SNOWBOARDCOACH