

SNOWBOARD COACH BASI LEVEL 2 PREP WEEK 2024

EVERYTHING YOU
NEED TO KNOW
ABOUT OUR BASI
PREP WEEK IN
ARINSAL, ANDORRA



snowboard™
coach.co.uk

WELCOME

OUR PREP WEEKS

Our BASI Level 2 preparation week is for those who have already been on a Level 1 and are looking for an interim training week before attending the level 2 course. The course will massively raise your awareness of what the level 2 is about and what you need to do in order to pass it.

We spend our week focusing on the riding part. Looking all the terrain a mountain has to offer and what you will be tested on during the actual level 2 exams. We also make you think about the teaching side to this course as well with daily debriefs regarding the content of each session we deliver so you can prepare your own content for the exams.

This will make you understand not only how to ride all the terrain but how to teach people to ride all the terrain. This is what the Level 2 course is all about. Remember we know as we are the examiners.

WHERE IS THE COURSE?

All of our winter courses take place in Arinsal in the Vallnord Region in Andorra. Andorra has been a popular destination for UK riders since the mid 90's and has always catered for snowboarders with a great park and some great riding

Andorra retains a duty free tax status so is great value for money meaning you can go out and enjoy yourself without breaking the bank.

WHO CAN ATTEND?

Obviously as this is a BASI Level 2 prep course ANY level 1 rider can attend. This also includes people that have maybe failed the technical riding part of a level 1 and are looking at re-sitting. This week can be used as a re-assessment. Please get in touch if you are unsure.

WHAT'S IT GOING TO COST?

As ever we try and keep our prices as cost effective as possible without compromising the quality of your time with us. We have 2 options for this season.

BED AND BREAKFAST FROM: £999

HALF BOARD OPTION FROM: £1,050

We say "from" because single room supplements will be in place for single travellers who don't want to share.

WHAT'S IN IT

WHAT DOES THIS INCLUDE?

All our options for the 2024 season will include the following:

- Accommodation from Sunday to Sunday
- Return transfers from Barcelona Airport
- Pal/Arinsal area lift pass for the duration.
- 5 mornings of 4 hours of training during the week.
- SBCoach wristband giving you "locals" discount in selected bars in resort.
- **Special discount** voucher for The Snowboard Asylum.
- **SBC discount** for Salomon Snowboards & Volcom Gear
- FREE Wi-fi in the hotel.
- FREE board lockers in the Hotels for SBcoach clients.

ALSO INCLUDED IN THE B&B OPTION:

- Full all you can eat breakfast

ALSO INCLUDED IN THE HALF BOARD OPTION:

- Full all you can eat breakfast each morning
- 3 course meal each night.

Also don't forget the Snowboard Coach crew will be on hand prior to your holiday to ask any questions so you'll get a more personal service than from a tour operator.

WHAT ARE THE HOTELS LIKE:

OUR HOTELS: Depending on your chosen B&B or HB option we use 2 different hotels. The B&B Hotel is located a 5-7 min walk from the main Gondola. The HB Hotel approximately 3 minutes.

Both hotels have big rooms, all with full on suite bathrooms and TV's. There is a 24 hour reception, free wi-fi, restaurant with a small bar. English is fully spoken as well, so no translation worries.

SINGLE OCCUPANCY: Extra charges will be in place if you would like your own room for the duration of your exam.

BOARD LOCKERS: Another benefit of coming with us here at Snowboard/Snowsports Coach is that all our clients get free board locker use in the respective hotels. This is usually charged for so yet another saving on our package price.

NEW: ANDORRA TOURIST TAX

Just introduced is a new tourist tax of 1.5 euro per person per night. **This has to be paid direct to the hotel on arrival** as we are not allowed to include it into our pricing.

THE B&B HOTEL



THE H/B HOTELS



THE DATES

DATES FOR WINTER 2024

We have our BASI Level 2 preparation week running on:

FEB 25TH - MAR 3RD

Please note the above dates are the arrival and departure dates ie the days that you will be arriving and departing Arinsal.

We have a limit of only 8 people per course so please get in touch to secure you place.

If you are a group of 4 or more looking for a week away and these dates don't work for you, let us know and we can tailor a bespoke package for your group.

BOOKING A COURSE

Booking is really simple, you tell us a week you intend to come and if we have space then we pencil you in.

Then a non-refundable deposit of £300pp is required to secure your place on the week with the balance being paid 6 weeks prior to arrival. Or you can pay in full at the time of booking which we prefer as it saves a lot of hassle.

You then book your flights on the specified dates and let us know both the arrival and departure times. We can then arrange the transfers.

Then during the week prior to your arrival we will email you our arrival PDF detailing all the information you need to know about getting here and checking into the hotel.

We will obviously help you all the way in regards to flights and anything else you need to know during the whole booking process.



INFORMATION

AIRPORT TRANSFERS:

Return airport transfers are included in our package price. We will book them the specified arrival and departure days for the specific course you are on.

Our programs run from Sunday to Sunday as this is the "change over" day in Arinsal. So you will arrive and depart on Sundays.

Once we have booked your transfers then **ANY** change to the date or time will incur a £10 admin charge imposed on us by the company we use.

More information about the transfers will be supplied when booking on the program.

Transfer time to Arinsal is about 3 hours.

FLIGHTS:

Barcelona El Prat is the easiest airport for Andorra. There are many airlines from all over the UK that fly there.

Toulouse airport and train station can also be accommodated by prior arrangement, but we ALWAYS recommend Barcelona.

We recommend landing in Barcelona (or your respective airport) no later than 2pm in the afternoon. This means that with the transfer times taken into account, you get into resort early evening and have plenty of time for a drink and a bite to eat on the first night.

The same will go for return flights back to the UK. A later departure in the afternoon means you don't have to leave Arinsal too early.

Again more information regarding matching flight times and transfers will be sent to you upon booking.

LIFT PASSES:

All lift passes are valid for every day of your holiday. They are valid for Pal Arinsal and Arcalis region.

Your lift pass and wrist band will be waiting for you when you arrive/check in as part of your welcome pack.

Once you have your lift pass it is your responsibility and Snowboard Coach cannot be held responsible for any costs incurred due to loss or theft of lift passes.

LIFT PASS INSURANCE:

This can be added to cover the loss of lift pass for £1.50 per day - so for the riding week, a cost of £9 extra. Please let us know if you would like this.

MONEY IN RESORT:

There are plenty of cash points in and around town, but be aware that your bank may charge you for withdrawing money. Credit cards are widely used in town but cash is always preferred in the local bars.

There is no actual bank facility to physically change money in Arinsal. If you intend to bring cash please change this in the UK prior to coming out.

*** PLEASE NOTE:** The currency in Andorra is still the EURO *



OUR WRISTBANDS

OUR "LOCAL" WRISTBAND:

Over the past few seasons we have had other people not on our courses trying to get our discount in bars and cafes in town and up the mountain. So we introduced our SBcoach wristband so only you get this discount. Its a thank you from us and makes you part of the Snowboard Coach crew from the day you arrive.

Our SBcoach wristband tells all the bar staff in our favourite places that you are with us and that you get locals price straight away. We try and make you feel part of the great local scene here in Arinsal from day one of your holiday.

These amazing offers that just make the week here with us that bit more special than with a big commercial tour operator.

The idea sounds cheesy but it works!

It also saves you guys asking about discount - as soon as the staff see it they will know.

The band itself is fully waterproof and shower proof so is fine to wear for the duration of your stay.

This band is **only available** for Snowboard Coach clients.



WHERE IT WORKS!

POLAR BAR:

These guys look after us all winter and offer discount on their daily specials to all SBcoach clients. They are our favourite mountain cafe in Arinsal. We eat there every day as its too cheap not to. With our wristband you will too....Here is what we get:

BREAKFAST SNACKS (9AM-11AM)

- Croissant & Coffee - 4 Euro
- Neapolitana/Pan Raisin & Coffee - 4.50 Euro
- Scrambled Egg on Toast - 4.95 Euro

PLATE OF THE DAY FOR 9.50 EURO:

- Main meal and soft drink/coffee

SANDWICH CHOICE FOR ONLY 8.50 EURO:

- Bacon/Cheese/French omelette/Tuna "Bocadillo"
- Coffee or soft drink

Anything else on the menu you will get a discount of 20% should you not wish to take these specials.

The Polar bar is located up the mountain on the middle floor of the complex when you get off the gondola. When you order/pay you will need to show your SBC wristband else you will be charged the full price.

CISCO'S BAR: A favourite of ours over the years of being here. They do us an amazing SBC only 2 EURO pints ALL THE TIME. Free nachos and chili in Apres ski as well.

EL MOLÍ: Specials during apres, local prices on all drinks.

FUGAZZETA: Our local coffee and chilled bar run by our good friend Joaquin. Daily deals and local prices and special SBC deals.

DERBY DELI & IRISH PUB: A fast take away style deli up the hill that gives us great discounts on food - plus local prices on all drinks in the bar in the village.

360 EATERY & BAR: Burger and a beer deals and local prices on all drinks.

A full list of discounts will be emailed prior to the course.



THE ITINERARY

THE ROUGH COURSE ITINERARY:

As part of the first morning we will have a short 30 minute question and answer session where you can ask anything about the actual L2 course. Then each day from Monday to Friday will consist 3-4 hours of primarily riding drills and feedback so be prepared. As the week progresses you know what it is you need to fix to pass the riding part of a Level 2. This will be aided by video feedback sessions during the course..

The plan is to re-affirm the skills learned on the Level 1 instructor Course and how it all applies to the mountain. It includes coaching on piste performance, steep slopes and variable snow and switch riding. During the week you will also have a mornings worth of freestyle coaching so you have an idea of what is expected for the freestyle element of a Level 2.

There is obviously a teaching aspect to the exam as well so we advise everyone on this program to bring a notepad and take note of what you are being taught, how you are being taught and the content that is being delivered. Each session will end with a wrap up over dinner time to help with this.

During your time with us you will also have the unique opportunity to chat with some of our previous candidates who are out with us doing Level 3 training, about their experiences on their level 2.

MINIMUM NUMBERS:

If minimum numbers are not met for any of our courses then we will run a reduced hour's program but if this is the case you will get more individual attention as there will be less people in the group. You will be advised if this is the case.

It works like this:

- 1 person booked – 6 hours of 1:1 tuition over the week.
- 2/3 people booked – 2 hours every day for 5 days.
- 4 or more booked – Full program as detailed above.

We always endeavour to run a full program – however, by doing the above we NEVER have to cancel a course, which is good for everybody.

The course will be more in depth than our usual riding weeks. You will have input from all the SBCoach crew during the week so you don't get used to one style. It is advisable to read the BASI manual prior to the course though we will have a question and answer session every day during the week.

Don't forget to bring a note pad and pencil with you.



TESTIMONIALS

Over the years of doing these course we have developed a great Snowboard Coach family and we all keep in contact. Many of the previous course candidates are now living and working all over the world. Below is some feedback from those guys to help you make up your mind.

“

Just wanted to thank Ash, Chris and Olly for a brilliant course. The whole week was great, the coaching and the structure to the course was spot on. I learnt loads and my boarding has improved so much, I can't thank you enough.

Ash and the crew were so welcoming and positive, the tips and ideas that were given were put across so well, and helped me so much. The way you guys coach is great, gave me just enough to think about and work on and certainly gave me the kick up the backside I needed to get over me thinking to much about what I'm doing.

After the week with you guys my love for it has grown so much and that's down to you guys @ Snowboard Coach, I can't thank you enough

Steve S.

”

“

Big thanks to Ash, Chris and Olly for the 2 weeks coaching, got everything promised and way more. Well worth coming over to you guys.

Homy T.

”

“

Awesome Week with awesome people and excellent coaching as ever. Really helped me understand what I needed for the Level 2. Wouldn't of got it with our your help... Thanks guys....

Lee W.

”

THIS IS ARINSAL!



A BIT MORE ABOUT US

Snowboard Coach hold the highest qualifications attainable in teaching snowboarding.

We hold the highest accreditation from the ISIA which is the worldwide governing body for snow sport instructors as well as the ISTD which is only awarded to the highest level snow sports coach's.

We also have full trainer status from ALL the snowboard governing bodies within Great Britain - This means that ALL the governing bodies use Ash and Snowboard Coach not only to deliver training and assess standards but also to qualify instructors - making us the ONLY snowboard training company in the UK able to do this.

This isn't to show off or trying to prove how good we are, it's to assure you that you are in good hands and are getting what you pay for. Teaching snowboarding is our full time profession.

This is also what makes us the first choice for TV production companies from the BBC to ITV to programs like Channel 4's "The Jump".

A MESSAGE FROM ASH - OWNER OF SNOWBOARD COACH

At the end of the day it's all about enjoying what we do and I wouldn't be here today if I didn't. I've spent 30 years of my life snowboarding and 25 years teaching this sport that I love. I've been an examiner for BASI for 20 years, so we know how to get you ready for an exam and how to run an effective preparation week.

I hope you can join us out here in Arinsal this winter....**ASH ;)**

SNOWBOARD COACH : APPROVED BASI PARTNER

Snowboard Coach is also a FULLY APPROVED BASI PARTNER. This is a new accreditation that BASI are only issuing to approved companies with a proven track record of delivering a quality BASI product. Snowboard Coach were one of the first companies to be awarded this.

This means that we have been through a rigorous quality control process assessing everything from our training and delivery methods to our course structure and organisation. We have surpassed all the criteria with flying colours. We have worked hard to achieve this and are proud to carry this accreditation.

When looking for any instructor course training package this is the accreditation you need to look out for to ensure you are getting trained by the highest levels of instructors.



Snowboard Coach has earned the highest levels attainable from the following Worldwide Snowboarding Governing bodies:



And is sponsored by:



Please read our terms and conditions on the following page...

TERMS AND CONDITIONS

Snowboard/Snowsports Coach are trading names under All Mountain Training SLU - an Andorran registered company - from herein referred to as "Us" and "We". You will be referred to as the "client". All applicable under Andorran Law.

Terms and conditions for our Level 2 Prep Week Course.

1. You the client must be safe and medically sound to travel and to be in a winter resort and have appropriate insurance cover for Andorra. We will not accept any clients travelling against medical advice and you must state this in the booking form you receive from Us. We can not be held responsible for any costs/loss/damages incurred for failure to declare this.

1a. If applicant is not of this standard then they can be removed from the course at any time without refund. This will be solely at the discretion of Snowboard Coach if we feel that the candidate is restricting the learning of other students who have met this standard.

2. The application will only be accepted and secured provided:

- The application is accompanied by a £300 non-refundable / transferable initial deposit.
- The booking confirmation is signed and returned.
- The client unconditionally accepts these terms and conditions of booking when confirming via email that a place on the course is required.

3. The remaining balance of your course fee must be received in full by Us at least 6 weeks prior to the course start date.

4. If payments are not made within 7 days of these deadlines then We reserve the right to re-allocate you're place without refund.

5. All changes to bookings must be received in writing by email. Any changes will incur administration costs to cover our costs.

6. All courses require a minimum number of clients to run a full program. If numbers aren't met a reduced schedule of hours, as detailed in the info pack, will be in place.

7. All clients must be insured for our courses. We advise every client to buy insurance **AS SOON AS YOU CONFIRM YOUR BOOKING WITH Us**. Please do not wait until the week before you travel.

8. Cancellation: in the event of cancellation by the client the deposit paid **WILL NOT BE REFUNDABLE/TRANSFERABLE**. If paid in full then the balance minus deposit will be refunded except when:

a) Client cancels within 6 weeks of the course start date – **NO REFUND WILL BE GIVEN**.

9. We strongly recommend that all clients embarking upon ANY of our courses take appropriate insurance which covers both cancellation and curtailment and course reimbursement/cover.

10. Proof of insurance or similar will be required prior to attending the course.

11. We will refund appropriate monies (pro rata) if the decision is made by Us to cancel all or part of the training program.

12. No monies will be refunded by Us in the event of an injury sustained whilst participating in ANY of our courses, where injury leads to missed sessions, curtailment of the course; then in this instance it is necessary to make an insurance claim. We will provide the necessary receipts.

13. If the venue of the course is adversely affected by snow, weather, force majeure or **any other circumstances beyond our control** that cause cancellation of any/all parts of our course and package offered - **NO REFUND WILL BE GIVEN**. Again We insist on a suitable insurance policy as detailed in point 7.

14. In the event of the above in paragraph 13: You, the client, agree that We cannot be held responsible for refunds.

15. Any client found under the influence of alcohol or drugs during course contact time (ie a training session) will be removed from the course immediately with no refund given.

16. In the event that an applicant is refused/unable to train on the basis of paragraph 1a, 12, 13 or 15 you, the client, agree that no monies will be refunded.

17. You, the client, agree that except for death or personal injury arising through the negligence of Us, We shall not be liable for any loss or damage arising whether in respect of death, bodily injury, illness suffered or contracted, loss, costs, damages or expenses incurred.

18. It is the clients responsibility to ensure that all accommodation, transport and any other facilities provided or organised by Us, are treated with respect and appropriate consideration as if their own.

19. We will not be responsible for any damage caused by you, the client. You, the client, will be held liable for any costs incurred in such a way and will agree to settle any costs immediately to 'make good' any and all damage caused.

20. In the event of any arrest or infraction between the client with the local Police in relation to drink, drugs or ANY circumstance that see's YOU the client arrested/detained or removed from the country. We will not be held responsible. We will stand by the decision of the enforcing agency. Again **no monies will be refunded**.

21. In the event of point 20; Our limited responsibility is to ensure that the client is given contact with the British Embassy.

22. As an applicant to be a client on a course or package organised by Us, whether applying by telephone, email or letter you agree to abide by these conditions when confirming your booking with us, irrespective of whether you have signed and returned the requested booking form.

COVID19 UPDATE: We currently have no restrictions in Andorra and 100% back to normal.



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coach.co.uk

**FOR MORE INFO &
MORE COURSES VISIT**

WWW.SNOWBOARDCOACH.CO.UK

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